



# The Marnwood Monthly

January 2011

## NEWS FROM THE ADMINISTRATOR

**Happy New Year** to all of our Residents, Families and Friends! We wish you all the best in 2011!

*WE WANT TO HEAR FROM YOU*

Providing good care and services, meeting the needs of our customers and keeping you happy and satisfied, is our number one goal.

To help us achieve this goal, we need to hear from you! We need to know if you:

- Require further information
- Have any concerns or complaints or
- Have any suggestions for improvements.

Your feedback helps us improve our care and services, and the staff appreciates your positive comments.

Let us know what you think. Please feel free to contact:

- The staff on your unit
- The respective department head  
905-623-5731

**Melissa Cookson** Retirement Coordinator-11

**Holly Dobson** Program Manager-14  
& Social Service Worker

**Heather Brown** Dietary Manager-15

**Sandi Young** Office Manager-10

**Tracey Werheid** Administrator -16

We also invite everyone to come out and be part of our “Family & Friends” meetings. This is a great opportunity to express any comments/concerns directly to the Management Team, learn about any changes affecting our home, provide any feedback. We hope to see you at our next meeting which will be held Tuesday February 22 at 2:00 p.m. in the Library.

**Sincerely,**  
**Tracey Werheid, Administrator**

## WHAT’S HAPPENING

Happy New Year! Here’s hoping that everyone had a happy holiday season and we are now looking ahead to an exciting new year in 2011!

Please check out the picture frame in the front entrance - as you recall some of the trips, activities and crazy theme days we celebrated in 2010!

In the activities department we are already looking into the upcoming months and planning some entertaining events. Why not wear your pyjamas all day – on January 7? Celebrate any Scottish heritage with Robbie Burns Day. We are very excited to be able to offer a new “Art Class” - if it’s a success we will surely make it a regular part of our calendar!

February is just around the corner and is always a busy month with Valentine’s Day, Chinese New Year, and we can’t wait for another Casino Day!

We will continue with our ever popular monthly “Lunch-In” - please take note that Residents choose what they would like to order in at Residents’ Council Meetings. So if you have a request join come out and be heard.

Residents’ Council Meetings are held the third Thursday of every month at 10:30 a.m. Come out and be heard – everyone is welcome! Cheers Holly Dobson,  
*Resident Programs Manager*

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## January DATES TO REMEMBER

### PYJAMA DAY



January 7, 2011

Wear your jammies all day!

U will be entered to win a prize

### January Birthday Bash

Friday  
January 28, 2010  
3:00 pm.

### Family & Friends Meeting

**When?**  
Tuesday February 22 at 2:00  
p.m.

**What?**  
Your chance to express  
questions & concerns!

## Robbie Burns Day

January 26

Scottish Trivia  
Entertainment  
Scottish Music  
Scottish Food to  
sample

& More...



**New! Art Class!  
Mondays**

**January 10 & 24**

Please join us for  
this exciting new  
program – any & all  
skill levels are  
welcome

WORK YOUR BRAIN

Each month we give you a new puzzle to try to work your brain.

BLIZZARD  
 BOOTS  
 CHRISTMAS  
 COLD  
 FREEZE  
 FROST  
 GLOVES  
 ICE  
 ICICLES  
 KNIT CAP  
 MITTENS  
 PARKA  
 SCARF  
 SKATES  
 SKIING  
 SLED  
 SLEET  
 SNOW  
 TOBOGGAN

R	R	L	S	E	V	O	L	G	R	L	L	O
T	S	K	N	I	T	C	A	P	S	R	W	S
I	N	D	S	T	D	L	O	C	S	S	N	E
E	A	S	T	M	E	R	F	C	E	O	P	S
O	G	K	O	E	I	R	A	L	W	T	A	S
T	G	N	O	I	E	T	C	Z	C	S	R	L
B	O	K	B	E	T	I	T	F	Z	L	K	E
S	B	D	Z	E	C	S	S	E	R	I	A	C
P	O	E	E	I	D	K	T	E	N	O	L	I
O	T	L	I	L	N	I	E	O	T	S	S	B
C	S	A	M	T	S	I	R	H	C	A	G	T
S	O	T	C	O	N	N	O	F	T	Z	K	C
S	C	A	R	F	I	G	E	L	I	A	T	S

## Volunteer Corner

We are currently seeking dedicated volunteers for the following:

- **Evenings from 6-8pm & Weekends (Mornings or afternoons)**
- **Palliative Care Volunteers**



If you or someone you know is interested in volunteering, stop by Marnwood and pick up a volunteer application, or email me at [hdobson@extendicare.com](mailto:hdobson@extendicare.com), or call 905-623-5731 ext. 14.

Thanks, Holly

## MORE SPECIAL EVENTS ...

- ❖ January 12 at 11:45 - Lunch – In – KFC
- ❖ January 14 at 1:45 – Edna Thompson Daycare Visit
- ❖ January 20 at 1:45 – Resident Council & Food Committee Meeting
- ❖ January 15 & 22 at 2:00 – Afternoon Entertainment

### Family & Friends Meeting

**When?**  
Tuesday  
February 22 @  
2:00 p.m.

**What?**  
Your chance to  
express questions  
& concerns!

### BIRTHDAYS

#### Long Term Care

Ernest Blake	January 5
Bernice Pearce	January 14
David Collins	January 18
Ruth Barclay	January 21

#### Retirement

Nan Howat      January 6



### IN MEMORY

*Olive Therrien*



Marnwood Lifecare Centre

26 Elgin Street, Bowmanville, ON., L1C 3C8

Phone - (905) 623-5731

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We're on the Web!

See us at: [www.ourhomeyourhomecanada.ca](http://www.ourhomeyourhomecanada.ca)