



TEKOA MANOR AND PROVIDENCE PLACE
COVID-19 UPDATE

April 15, 2020

On the advice of the Chief Medical Officer of Health and with the approval of the Ontario legislature, the Ontario government is extending the Declaration of Emergency under the *Emergency Management and Civil Protection Act* for a further 28 days until May 12th.

As a result, the recommendation for all individuals **over 70 years of age to self-isolate has been extended to May 15th**. This means only leaving home or seeing other people for essential reasons:

- Accessing health care services;
- Shopping for groceries;
- Picking-up medication at the pharmacy;
- Walking pets;
- Supporting vulnerable community members with meeting the above needs.

To the fullest extent possible, you should also limit the number of these essential trips, and practice social distancing (keep 2 meters away from others) when you do. Please also note:

- All programs continue to be suspended
- Our Friendship Café remains closed.
- All lunches will continue to be delivered to your suites between noon and 1 p.m. Soup and sandwich options are available Monday and Friday for \$5.00.

If you would like to participate in the soup and sandwich option or if you would like to start to receive meals through our lunch program, please speak to Sophie (905-430-1666) during office hours (9:00 a.m. to 4:30 p.m.)

At **Providence Place** and **Tekoa Manor** will continue to proceeding with the abundance of caution and restricting outside visitors. At this time, we are requesting that **only CRITICAL visitors enter the building**. Restricting outside visitors is essential to keeping our residents safe.

Any persons that have cold symptoms or are feeling unwell are not permitted to enter the building.

We continue to have drop off zones in the vestibules and ask that visitors that are dropping off supplies for our residents, minimize contact by adhering to the posted procedure and not enter the building. **Please do not hug or chat in the vestibules as this does not adhere to physical distancing.**

Please also ensure that you speak to your children and loved ones, daily if possible, by telephone and keep them up to date on your health and wellbeing.

Residents are encouraged to stay in contact with their neighbours by telephone and asked to **not visit in person and in suite.**



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It is imperative that visitors or residents that have travelled outside of Canada continue to self-isolate for a 14 day period and not congregate or visit our Whitby sites.

Please note that private care providers and home care providers will be permitted to provide services to residents but are required to sign in at the table at the front entrance.

We will provide you with more information as it becomes available and thank you in advance for your cooperation.

For the most up-to-date information, please visit ontario.ca/coronavirus.

Thank you for your cooperation.

Ruth McFarlane, C.E.O.