



COVID-19 UPDATE

November 23, 2020

Durham Region moves to Red Zone today

Over the past week, some regions under the Red-Control level have continued to see worsening trends in key indicators, despite having a range of public health measures and restrictions in place since early October. Based on the latest data, the government intends to move Peel Public Health and Toronto Public Health into Lockdown effective Monday, November 23, 2020 at 12:01 a.m. This action is being taken to help stop the spread of COVID-19, while prioritizing the continued opening of schools, child care centres and other key services to the fullest extent possible.

Current Durham Region Health Unit level: Red-Control Control - Red Zone (Stringent Measures) Requirements

- Gathering limits for all organized public events and social gatherings: 5 people indoors and 25 people outdoors, including private dwellings
- Gathering limit for religious services, wedding ceremonies and funeral services: 30 per cent capacity indoors and 100 people outdoors
- Requirement for face coverings in indoor public spaces
- Requirement for face coverings at indoor workplaces
- Requirement for workplace screening
- Where patrons without face coverings are within 2 metres of workers, workers must use additional protections such as eye protection
- Advice to restrict non-essential travel from areas of high-transmission to areas of low transmission
- Trips outside of the home should only be for essential reasons (work, school, groceries/pharmacy, health care, assisting vulnerable individuals, or exercise and physical activity).
- Families should not visit any other household or allow visitors in their homes.
- Everyone should avoid social gatherings.

As a reminder to all residents, gatherings should be with your household only. As you are aware, we are in the second wave of the pandemic. It is most important that all residents of Ontario follow the public health guidelines.

If you develop symptoms, you must self-isolate and seek clinical assessment by:

1. Completing the Lakeridge Health online assessment form at covidswab.lh.ca to get an appointment at the Covid-19 Assessment Clinic.
2. Contacting Durham Health Connection Line 905-668-2020 or 1-800-841-2729.

It is everyone's collective dedication to public health measures that will flatten the curve. We must be diligent and continuing to work together to flatten the growing curve in the second wave.

For the most up-to-date information, please visit ontario.ca/coronavirus.

Thank you for your continued cooperation.

Ruth McFarlane, C.E.O.